



# CMHA SC HEALTH TALKS

Canadian Mental Health Association Simcoe County

*Our Nurse Practitioner Talks About Your Health:*

Wednesday Monthly As Per Posted Schedule

1pm-2:30pm

90 Mulcaster Street Rowe Boardroom

- \* APRIL 3, 2019 - LIVING WITH DIABETES
- \* MAY 8, 2019 - LIVING WITH HIGH BLOOD PRESSURE
- \* JUNE 5, 2019 - SMOKING CESSATION



Canadian Mental  
Health Association  
Simcoe County  
*Mental health for all*