

## CMHA Volunteer Application

### Applicant Information

Date: \_\_\_\_\_

Full Name: \_\_\_\_\_  
Last First M.I.

Address: \_\_\_\_\_  
Street Address Apartment/Unit #

\_\_\_\_\_ City Province Postal Code

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

DOB (MM/DD/YYYY): \_\_\_\_\_ Gender: \_\_\_\_\_

Vaccination Status (Circle One):  
\* Not Vaccinated  
\* 1 Dose  
\* 2 Doses  
\* 3 Doses (Booster)

Emergency Contact Information:  
Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Primary Language: \_\_\_\_\_ Additional Languages: \_\_\_\_\_

Do you have any Accessibility Requirement? (Yes or No) If yes, please describe:

\_\_\_\_\_

Do you have any Medical Alerts? (Yes or No) If yes, please describe:

\_\_\_\_\_

**Skills and Interest**

Why do you want to volunteer with the Canadian Mental Health Association?

Interests/Hobbies:

Skills (Circle all that apply):

- |                               |                              |                            |
|-------------------------------|------------------------------|----------------------------|
| * Administration/Office       | * Fundraising                | * Music/Instruments        |
| * Artist                      | * Gardening                  | * Photography              |
| * Audio/Visual                | * Grant Writing              | * Political/Government     |
| * Child Care                  | * Graphic Design             | * Public Relations         |
| * Construction - Carpentry    | * Language/Translator        | * Public Speaking          |
| * Construction - Electrical   | * Law Enforcement            | * Sales/Cashier            |
| * Construction - Plumbing     | * Legal                      | * Sports (Coaching)        |
| * Construction - General      | * Library                    | * Sports (Playing)         |
| * Construction - Painting     | * Marketing/Communication    | * Transportation (Bus)     |
| * Custodial                   | * Medical (Doctor/Physician) | * Transportation (Car/Van) |
| * Event Planning              | * Medical (Administration)   | * Transportation (Moving)  |
| * Food Services - Delivery    | * Medical (Nursing)          | * Video/Audio              |
| * Food Services - Preparation | * Medical (First Aid)        | * Writing/Reporting        |

Job Preferences (Circle all that apply):

- |                            |                    |                         |
|----------------------------|--------------------|-------------------------|
| * Administration/Clerical  | * Fundraising      | * Direct Client Support |
| * Childcare                | * Public Relations |                         |
| * Christmas Gift Wrapping  | * Research         |                         |
| * Construction/Maintenance | * Special Projects |                         |

**Work/Volunteer Experience**

Are you legally entitled to work in Canada? (Circle one)                      \* Yes    \* No

Do you have a valid Ontario Driver's Licence? (Circle one)                      \* Yes    \* No

Are you under the age of 16? (Circle one)    \* Yes    \* No

If under the age of 16, permission from you parent/guardian is required.

Highest Level of Education (Circle all that apply):

- |                             |                   |                           |
|-----------------------------|-------------------|---------------------------|
| * Some High School          | * Some College    | * Undergraduate Degree    |
| * High School Diploma       | * College Diploma | * Graduate/Masters Degree |
| * Professional/Trade School | * Some University | * Doctorate               |

Degree/Subject: \_\_\_\_\_

Briefly describe your present or previous work experience.

Briefly describe your present or previous volunteer experience.

**Availability**

- |                      |                        |                       |
|----------------------|------------------------|-----------------------|
| * Monday Mornings    | * Monday Afternoons    | * Saturday Mornings   |
| * Tuesday Mornings   | * Tuesday Afternoons   | * Saturday Afternoons |
| * Wednesday Mornings | * Wednesday Afternoons |                       |
| * Thursday Mornings  | * Thursday Afternoons  |                       |
| * Friday Mornings    | * Friday Afternoons    |                       |



References

(1)

Name	Relationship	
Organization	City	Province
Email	Phone	

(2)

Name	Relationship	
Organization	City	Province
Email	Phone	